

HANDICAP RUN 07/06/2011

Tonight's race was won by the ever smiling Annette, who showed a ruthless ability at hustling to obtain a target time of 36 minutes, only to obliterate it by over 5 minutes, seriously though, she ran very well. There were debut runs made by Sue, Annette, Helen, Gemma and Mick. Good running throughout the field saw PB's by Alan, Caroline, Dave, Dougie and Richard. Finally, we were joined by new lady, Hannah, who recce'd a lap in preparation for the future.

1. Annette Cluley	30-59 (30-59)
2. Helen Bates	30-10 (34-40)
3. Gemma Newbery	30-12 (34-42)
4. Sue Bates	34-44 (34-44)
5. Dougie Spalding	34-59 (34-59)
6. Dave Litchfield	22-32 (35-17)
7. Richard Bower	25-37 (35-22)
8. Alan Bower	22-56 (35-41)
9. Caroline Lawson	25-53 (35-53)
10. Colin Ward	18-27 (35-57)
11. Mick Andrew	24-05 (36-05)
12. Simon Clarke	23-13 (36-33)
13. Ian Beresford	25-24 (36-54)
14. Jacob Wood	20-37 (37-17)