

MEETING 3 of 8 : WEDNESDAY 09 NOVEMBER 2011

5000m

1	0:15:32	WHITTLE, Rob	Basingstoke & Mid Hants	M
2	0:15:59	THRELFALL, Mark	Loughborough Students	M
3	0:16:04	WATSON, Luke	Loughborough Students	M
4	0:16:05	RAINSFORD, Joe	Heanor RC	Mu20
5	0:16:06	SMITH, Gavin	Unattached	M
6	0:16:06	PRICE, Stephen	UKNetrunner	M
7	0:16:36	LEWIS, Paul	Long Eaton RC	M
8	0:16:38	ANNABLE, Dale	Belper Harriers	M
9	0:16:41	SWAINE, Peter	Charnwood AC	M
10	0:16:55	WILSON, Rich	Derby AC	M
11	0:17:08	ALLINSON, Daniel	Hinckley RRC	M
12	0:17:09	HILL, Robert	Loughborough Students	Mu20
13	0:17:26	KNIBB, John	Derby AC	M40
14	0:17:35	ALEXANDER, Matthew	Elmbridge RR	M
15	0:17:41	CARTWRIGHT, Matt	Derwent RC	M
16	0:17:43	HALL, David	Highwood Hornets	M
17	0:17:43	DEEMING, Ashley	Heanor RC	M40
18	0:17:44	MASSER, Dave	Hinckley RRC	M40
19	0:17:58	PARKIN, Andy	Unattached	M
20	0:18:00	KERR, Martin	Shelton Striders	M
21	0:18:02	JAMES, Edward	Belper Harriers	M
22	0:18:05	HILLIER, Gemma	Charnwood AC	W
23	0:18:20	MEEK, Oliver	Derwent RC	M
24	0:18:21	COXON, Robert	Unattached	M
25	0:18:38	FRANCIS, Antony	Unattached	M
26	0:18:42	SADLER, Duncan	Unattached	M40
27	0:18:58	THURLOW, Neil	Derwent Runners	M
28	0:19:05	COWIE, Duncan	Sinfin RC	M40
29	0:19:11	DE BANKE, Gary	Wesham RR	M50
30	0:19:13	OLLIER, Sean	Unattached	M
31	0:19:16	DICKENS, Alan	Unattached	M
32	0:19:20	CRANNAGE, Jonathan	Long Eaton RC	M
33	0:19:21	WARWICK, Mark	Unattached	M40
34	0:19:32	EDWARDS, Simon	Belper Harriers	M40
35	0:19:39	LEE, Stephen	Hermitage Harriers	M
36	0:19:44	DICKENS, Graham	Unattached	M
37	0:19:47	WOOD, Jacob	Ilkeston RC	Mu20
38	0:19:49	ASTLEY, Oliver	Derwent Runners	M
39	0:19:52	DAVIS, Simon	Ilkeston RC	M40
40	0:20:08	JEFFERY, Ken	Unattached	M40
41	0:20:09	GODBER, Edward	Heanor RC	M
42	0:20:21	BROUGHTON, Stephen	Ripley RC	M
43	0:20:21	DONALDSON, Tony	Ilkeston RC	M40
44	0:20:30	O'NEILE, Helen	Loughborough Students	W
45	0:21:02	DONALD, Keith	Derby AC	M50
46	0:21:14	ALLEN, Ken	Notts AC	M60
47	0:21:23	NELSON, David	Unattached	M40

48	0:21:28	OLDACRE, Simon	Shelton Striders	M40
49	0:21:28	GOSS, Lucy	Sinfin RC	W
50	0:21:35	LEE, Alex	UKNetrunners	M
51	0:21:37	SHARRATT, Robert	Burton AC	M50
52	0:21:56	ATKIN, Billy	Heanor RC	M
53	0:21:59	HARPER, David	Long Eaton RC	M
54	0:22:03	HALL, James	Highwood Hornets	M
55	0:22:39	MANN, David	Ivanhoe	M50
56	0:22:45	CLAYTON, Ray	Derby AC	M60
57	0:22:50	GRANT, Duncan	Unattached	M
58	0:22:57	DYSON, Lloyd	Unattached	M
59	0:23:15	SOBEY, Dick	Notts AC	M50
60	0:23:25	BROOMHEAD, Simon	Unattached	M40
61	0:23:29	CLARKE, Wayne	Derby Tri Club	M
62	0:23:37	COWLISHAW, Damian	Long Eaton RC	M40
63	0:23:41	ARGENT, Rache	Long Eaton RC	W
64	0:24:07	PREEDY, Nick	Unattached	M
65	0:24:11	EVANS, Tony	Unattached	M50
66	0:24:16	ELWELL, Michael	Cobra RC	M60
67	0:24:26	BOYD, James	Unattached	M
68	0:25:03	DOBRISKEY, Lisa	Ashford & District	W
69	0:25:41	SHARRATT, Carol	Hatton Darts	W50
70	0:26:01	COBB, James	Unattached	M
71	0:27:47	BARBER, Kenneth	Askern RC	M50
72	0:28:01	NORMAN, Rose	Belper Harriers	W
73	0:28:04	BARBER, Jennifer	Askern RC	W50
74	0:31:45	ABBOTT, Willow	Long Eaton RC	JW
75	0:31:45	ABBOTT, Phil	Long Eaton RC	M
76	0:31:51	YOUNG, Susan	Unattached	W40
77	0:35:06	SPALDING, Doug	Ilkeston RC	M60

ONE MILE

1	0:04:48	HARMER, Paul	Charnwood AC	M
2	0:04:56	LEWIS, Paul	Long Eaton RC	M
3	0:05:03	DEEMING, Ashley	Heanor RC	M40
4	0:05:24	PYE, Kevin	Charnwood AC	M50
5	0:05:29	SADLER, Duncan		M40
6	0:05:34	ABBOTT, Phil	Long Eaton RC	M
7	0:05:34	NORMAN, Robert	Belper Harriers	M
8	0:05:35	WOOD, Jacob	Ilkeston RC	Mu20
9	0:05:38	HEWITT, Ian	Sinfin RC	M
10	0:05:46	COWIE, Duncan	Sinfin RC	M40
11	0:05:49	SAXTON, Jack	Heanor RC	JM
12	0:05:55	MASSER, Ben	Beacon Hill Striders	JM
13	0:05:56	JEFFERY, Ken	Unattached	M40
14	0:06:12	SHARRATT, Robert	Burton AC	M50
15	0:06:20	DONALDSON, Tony	Ilkeston RC	M40
16	0:06:21	EDWARDS, Steffi	Amber Valley AC	JW
17	0:06:21	ALLEN, Ken	Notts AC	M60
18	0:06:22	EDWARDS, Simon	Belper Harriers	M40
19	0:06:29	DEEMING, Emily	Heanor RC	JW

20	0:06:30	DAVIS, Simon	Ilkeston RC	M40
21	0:06:33	CRANNAGE, Jonathan	Long Eaton RC	M
22	0:06:37	ATKIN, Gabriel	Heanor RC	Mu20
23	0:06:37	CARTWRIGHT, Matt	Derwent RC	M
24	0:06:39	ELWELL, Michael	Cobra RC	M60
25	0:06:39	GRANT, Duncan	Unattached	M
26	0:06:41	HEWITT, Amanda	Unattached	W
27	0:06:46	WINFIELD, Lily	Heanor RC	JW
28	0:06:46	BROOMHEAD, Simon	Unattached	M40
29	0:06:48	MANN, David	Ivanhoe	M50
30	0:06:50	KERR, Martin	Shelton Striders	M
31	0:06:52	HARPER, David	Long Eaton RC	M
32	0:06:53	BOYD, James	Unattached	M
33	0:07:05	ARGENT, Rache	Long Eaton RC	W
34	0:07:13	MATHER, Job	Unattached	JM
35	0:07:13	ABBOTT, Andy	Long Eaton RC	JM
36	0:07:15	COBB, James	Unattached	M
37	0:07:29	EVANS, Tony	Unattached	M50
38	0:07:35	BLATHERWICK, Dawn	Long Eaton RC	W
39	0:07:39	SHARRATT, Carol	Hatton Darts	W50
40	0:07:42	COWLISHAW, Damian	Long Eaton RC	M40
41	0:08:02	OLIVER, Rebecca	UKNetrunner	W
42	0:08:13	BARBER, Kenneth	Askern RC	M50
43	0:08:15	BARBER, Jennifer	Askern RC	W50
44	0:08:31	WINFIELD, Phoebe	Heanor RC	JW
45	0:08:49	ELWELL, Ursula	Cobra RC	JW
46	0:09:12	BILLINGTON, Cathy	Unattached	W40
47	0:09:39	SPALDING, Doug	Ilkeston RC	M60